



# Hot and Delicious Week 1

Week Commencing Monday 4th and 25th January / 7th & 28th March 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classic Favourite Hot Counter</b>	<b>Minced Beef &amp; Onion Pie with Peas, Carrots, Mash &amp; Gravy</b> *(D, E, M,)	<b>Thai Red Chicken Curry served with Coconut Rice</b> *(D)	<b>Sausage &amp; Lentil Casserole with Mash</b> *(D, G, M)	<b>Cheesy Chicken &amp; Mushroom Lasagne with Coleslaw</b> *(M, G, D)	<b>Battered Fish with Chips &amp; Garden Peas</b> *(D, F, G)
<b>Vegetarian Option Hot Counter</b>	<b>Mushroom, Spinach &amp; Potato Pie with Peas, Carrots, Mash &amp; Gravy</b> *(D, G, M)	<b>Sweet &amp; Sour Thai Noodles with Coconut</b> *(D, M, G)	<b>Root Vegetable &amp; Lentil Casserole with Mash</b> *(D, G, M)	<b>Pepper &amp; Fennel Frittata with Coleslaw</b> *(D, E)	<b>Crunchy Vegetable Nuggets with Chips &amp; Garden Peas</b> *(G)
<b>Jacket Potato</b>	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info
<b>Pasta King</b>	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)
<b>Hot/Cold Dessert</b>	<b>Granola with Fudge Yoghurt</b> *(D, G)	<b>Fruit Salad</b>	<b>Apple Crumble with Custard</b> *(D, G)	<b>Fruit Salad</b>	<b>Fruit Jellies</b>

## \* Food Allergen Codes

C CELERY  
D DAIRY, MILK  
E EGG

F FISH  
G GLUTEN, WHEAT  
M MUSTARD

N NUTS  
So SOYA  
Su SULPHITES

Se SESAME



# Hot and Delicious Week 2

Week Commencing Monday 11th January / 1st & 22nd February / 14th March 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classic Favourite Hot Counter</b>	<b>Sausage Pasta with Leeks &amp; Mushrooms</b> *(D, G, M)	<b>Beef Stroganoff With Tagliatelle Pasta</b> *(D, E, M)	<b>Chicken with Sun Dried Tomatoes, Cream Sauce &amp; Roasted Potatoes</b> *(D, E, M)	<b>Lamb Kofte Wraps with Mint Sauce &amp; Fragrant Rice</b> *(D, G)	<b>Variety Pizza with Chips</b> *(D, G)
<b>Vegetarian Option Hot Counter</b>	<b>Mushroom &amp; Leek Risotto</b> *(D)	<b>Sweet Potato &amp; Lentil Cake with Mixed Salad</b> *(M)	<b>Spinach &amp; Squash Stew With Rice &amp; Peas Mixed Salad</b> *(D, M)	<b>Onion Bhaji &amp; Mango Chutney Wrap with Mixed Salad</b> *(D, E, G)	<b>Variety Pizza with Chips</b> *(D, G)
<b>Jacket Potato</b>	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info
<b>Pasta King</b>	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)
<b>Hot/Cold Dessert</b>	<b>Fruit Salad</b>	<b>Jellies</b>	<b>Marble Cake and Chocolate Custard</b> *(E, D)	<b>Granola with Fudge Yoghurt</b> *(D, G)	<b>Fruit Salad</b>

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# Hot and Delicious Week 3

Week Commencing Monday 18th January / 8th & 29th February / 21st March 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classic Favourite Hot Counter</b>	<b>Malaysian Beef Rendang with Noodles</b> *(D)	<b>Shepherd's Pie with Peas &amp; Gravy</b> *(D, G)	<b>Jerk Chicken Thighs with Coconut Rice &amp; Coleslaw</b> *(D, M, G)	<b>Beef Lasagne with a Side Salad</b> *(D, G, M)	<b>Chicken Burger with Sweetcorn &amp; Chips</b> *(G)
<b>Vegetarian Option Hot Counter</b>	<b>Baked Rice with Roasted Butternut Squash &amp; Mushrooms</b> *(D)	<b>Red Pepper &amp; Mozzarella Tart with Peas &amp; Salsa</b> *(D, E, G)	<b>Callaloo and Potato Fricassee with Coconut Rice &amp; Coleslaw</b> *(D)	<b>Aubergine Parmigiana with Side Salad</b> *(D,E)	<b>Veggie Burgers with Chips &amp; Sweetcorn</b> *(G)
<b>Jacket Potato</b>	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info	<b>Selection of Hot &amp; Cold Fillings</b> *Please ask server for allergen info
<b>Pasta King</b>	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)	<b>Pasta of the Day</b> *(G)
<b>Hot/Cold Dessert</b>	<b>Granola with Fudge Yoghurt</b> *(D, G)	<b>Iced Sponge Cake</b> *(D,E,G)	<b>Fruit Salad or Assorted Yoghurts</b> *(D)	<b>Fruit Salad</b>	<b>Fruit Jellies</b>

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